

The Western Xia Tombs

section, 10 kilometers apart. The bustling streets, ancient buildings and travel institutions are in the old section while the railway station is in the new section.

The most bustling streets in the old section are the east-west Jiefang Street, Xinhua Street, and Nanxun Road. Main scenic spots are close to these three streets. Within the old section, five yuan is enough for taking taxi. For long trip you should discuss with the driver.

Local Cuisine

Lamb Meat

Mutton in Yinchuan is delicious without strong smell. The two to three-month-old lamb mutton is the best, tender and delicious. Such mutton in dices can be fried quickly, steamed, or cooked with soy sauce. It is more distinguished eating together with Chinese wolfberry wine. Such mutton is famous for its dark and bright

color, tender meat and unique flavor.

- Yangzhou Restaurant
Add: 412 Jiefang St. W.
Tel: 0951-5028797
- Jiuzhou Hot Pot City
Add: 27 Zhongshan St. N.
Tel: 0951-6030834
- Banqiao Restaurant
Add: 96 Minzu St. N.
Tel: 0951-6710068
- Mingxiuyuan Tea Ceremony House
Add: 35 Minzu St. S.
Tel: 0951-6025192

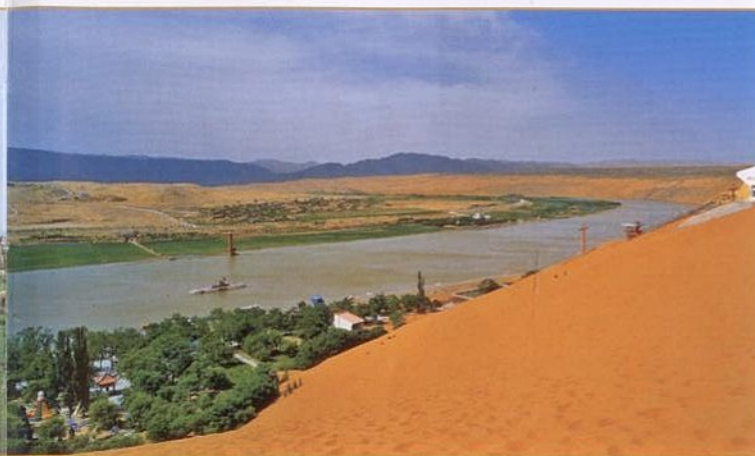
Hotels

★★★★★

- Rainbow Bridge Hotel
Add: 38 Jiefang St. W.
Tel: 0951-6918888

★★★

- International Hotel
Add: 365 Beijing Rd. E.
Tel: 0951-6728688



Shapotou

★★★

- Electric Power Hotel
Add: 208 Minzu St. S.
Tel: 0951-4101788

Travel Services

- CITS Ningxia
Add: 375 Beijing Rd. E.
Tel: 0951-6732898
- Ningxia Merchant International Tourism Co., Ltd.
Add: 365 Jiefang St. W.
Tel: 0951-5057854

Tourist Attractions

The Western Xia Tombs

On the eastern side of the Helan Mountain, 35 kilometers west of Yinchuan, the tombs cover an area of 50 square kilometers. The kings of the ancient kingdom of Western Xia were buried in nine tombs. Also there are 207 attendant tombs of high officials, generals and

aristocrats. In scale the tombs equal with the Song tombs in Gongxian County, Henan Province, and the Ming tombs in Beijing. They are one of the most intact imperial mausoleums in China.

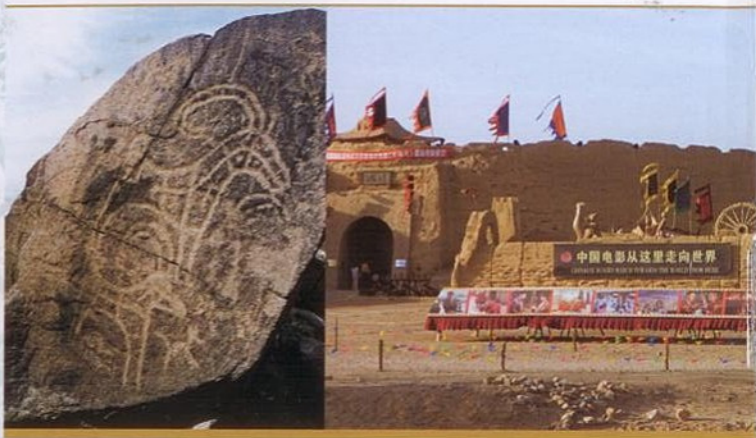
Admission(for reference): 30 yuan

Shapotou

Shapotou is a unique scenic area and has been listed as a national AAAAA scenic spot. With white clouds on the blue sky, this scenic area has beautiful landscape. In spring, flowers blossom and in autumn, fruits are ripe and fragrant. It attracts tourists year round. People can enjoy the fantastic scene of deserts and row a sheep skin boat down the Yellow River, experiencing an exciting water trip. Also the tourists can slide down the sand hill slope and hear the thunderous sounds of sand.

Admission(for reference): 20 yuan

Transport: Taking train in Yinchuan to Zhongwei and then



Cliff Engravings at Helan Mountain

China West Film & TV City

the special bus at Zhongwei long-distance bus station to the destination.

Cliff Engravings at Helan Mountain

Drawings are engraved on the rocks at Helan Pass of Helan Mountain some 50 kilometers away from the downtown area of Yinchuan. These pictures depict scenes of the life of people of such ancient ethnic groups in north China as Xiongnu, Xianbei, Tujue, Huihu, Tubo and Dangxiang and express their aspiration for happy life.

Admission(for reference): 10 yuan

Yuhuang (Jade Emperor) Pavilion

Yuhuang (Jade Emperor) Pavilion has a height of 22 meters and covers an area of 1,040 square meters, standing on a rectangular platform which is 36-meter-long, 28-meter-wide and 8-meter-high. Tourists can climb up the pavilion along the stone steps outside the

northwest corner of the platform.

Add: At the junction of Jiefang St. E. and Yuhuangge St.

Jinshui Garden

The garden is 13 kilometers away from the downtown Yinchuan, covering an area of 470,000 square meters. Bordering the Yellow River in the west and backing onto the Mu Us Desert, the garden is a good place for viewing the Yellow river and desert landscape.

Shahu Lake

Some 56 kilometers to the south of Yinchuan, the lake area has been developed into a tourist zone. Today it boasts the amusement center, viewing tower, lotus garden, sand-sliding ground, boating in the lake, natural bathing ground, catering services and shopping center. Now it is one of the national AAAAA scenic spots.

Admission(for reference): 20 yuan

Transport: It can be reached by regular buses to Shahu Lake from Tourist Bus Station in Beiguan.



Young Hui people

China West Film & TV City

located at Zhenbeipu, an ancient city in the northwest suburbs of the downtown area of Yinchuan, the China West Film & TV City was formed on the basis of the ruins of two ancient castles which had experienced several hundreds of years of vicissitudes. With its vigorous and firm, simple and unsophisticated styles, it has been loved by Chinese movie artists. A number of films have been shot here, there still preserve original scenery and stage properties of some films, such as "Blacksmith's Shop" of the film *The Yellow River Ballad*, the moon gate of *The Red Sorghum*, brewing workshop, etc. for visitors to enjoy. In addition, a film reference room, a film projection hall and other service facilities have been set up.

Admission (for reference): 40 yuan

Transport: Taking minibus from Yinchuan to Huaxi Village (Jinshan Township), opposite the Wenzhou Commercial City, Xingqing Dist., Yinchuan.

Festivals and Celebrations

Lesser Bairam

In the ninth month according to the Islamic calendar, the Muslims eat and drink before the daybreak and resume eating after the sunset. The first day of the tenth Islamic month is the Lesser Bairam.

Shopping

Xinhua General Merchandise Shopping Center Co., Ltd.

Add: 97 Xinhua St. E.
Tel: 0951-6042801

Yinchuan Department Store

Add: 2 Jiefang St. W.
Tel: 0951-6023693

Recreation

The Hui women in Ningxia mountainous areas love mouth stringed instrument, a small music instrument played by the mouth. Such instrument is made of bamboo or iron. The bamboo one is about ten cm long and played on the strings while the iron one is only five cm long played with the fingers poking the strings. The mouth as the music box can adjust the tunes by changing the shape of the mouth. By using this music instrument, the girls express their love and enrich their life.

Tourism Website

Yinchuan tourist website:
www.yctravel.cn

Useful Telephone Number

Tourist consultation:
0951-6889280

China National Tourism Administration Overseas Offices

中国驻东京旅游办事处

China National Tourism Administration Tokyo Office
〒105-0001 Air China Building 8F, 2-5-2 Toranomon,
Minato-Ku, Tokyo, Japan
Tel: 0081-3-35918686 Fax: 0081-3-35916886

中国驻大阪旅游办事处

China National Tourism Administration Osaka Office
〒556-0017 OCAT Building 4F, Minatomachi,
Naniwa-Ku, Osaka, Japan
Tel: 0081-6-66353280 Fax: 0081-6-66353281

中国驻新加坡旅游办事处

China National Tourist Office, Singapore
7 Temasek Boulevard, # 12-02A Suntec Tower One,
Singapore 038987
Tel: 0065-63372220 Fax: 0065-63380777

中国驻加德满都旅游办事处

China National Tourist Office, Kathmandu
P.O. Box 3639, Heritage Plaza II, Kamaladi,
Kathmandu, The Kingdom of Nepal
Tel: 00977-1-4255936 Fax: 00977-1-4267695

中国驻首尔旅游办事处

China National Tourist Office, Seoul
1501 Daeyongak Bldg., 25-5, 1-Ka, Chungmu-ro,
Chung-ku, Seoul 100-706, Korea
Tel: 0082-2-7730393 Fax: 0082-2-7573210

中国驻新德里旅游办事处

China National Tourist Office, New Delhi
D-64 Malcha Marg, Chanakyaपुरi, New Delhi-
110021, India
Tel: 0091-11-41680538 Fax: 0091-11-41680541

中国驻纽约旅游办事处

China National Tourist Office, New York
370 Lexington Ave, Suite 912,
New York, NY 10017, USA
Tel: 001-212-7608218 Fax: 001-212-7608809

中国驻洛杉矶旅游办事处

China National Tourist Office, Los Angeles
550 North Brand Boulevard, Suite 910, Glendale,
California 91203, USA
Tel: 001-818-5457507 Fax: 001-818-5457506

China National Tourism Administration
Website: www.cnta.gov.cn

中国驻多伦多旅游办事处

China National Tourist Office, Toronto
480 University Ave., Suite 806, Toronto, Ontario
M5G1V2, Canada
Tel: 001-416-5996636 Fax: 001-416-5996382

中国驻伦敦旅游办事处

China National Tourist Office, London
71, Warwick Road, SW5 9HB, London, UK
Tel: 0044-20-73730888 Fax: 0044-20-73709989

中国驻巴黎旅游办事处

Office du Tourisme de Chine, Paris
15 Rue de Berni, 75008 Paris, France
Tel: 0033-1-56591010 Fax: 0033-1-53753288

中国驻法兰克福旅游办事处

Fremdenverkehrsamt der VR China in Frankfurt
Ilkenhansstraße 6, D-60433, Frankfurt /M
Deutschland
Tel: 0049-69-95140311 Fax: 0049-69-528490

中国驻马德里旅游办事处

Oficina Nacional de Turismo de China en Madrid
Plaza de España 18, Edificio Torre de Madrid, Oficina
7-13, 28008 Madrid
Tel: 0034-91-5480011 Fax: 0034-91-5480597

中国驻苏黎世旅游办事处

Fremdenverkehrsamt der VR China in Zürich
Genfer-Straße 21, CH-8002 Zürich, Schweiz
Tel: 0041-44-2018877 Fax: 0041-44-2018878

中国驻悉尼旅游办事处

China National Tourist Office, Sydney
11th Floor, 234 George Street, Sydney, NSW 2000,
Australia
Tel: 0061-2-92529838 Fax: 0061-2-92522728

中国驻莫斯科旅游办事处

China National Tourist Office, Moscow
Novy Arbat 7, Moscow, 119019, Russia
Tel: 007-495-9566612 Fax: 007-495-9566616

香港亚洲旅游交流中心

Asia Tourism Exchange Centre Limited
B1, 20/F, Far East Finance Centre, 16 Harcourt Road,
Hong Kong
Tel: 00852-28630011 Fax: 00852-28611371

China's International Air Routes

